



St John's Internal Medicine and Cognitive Health  
 PO Box 4010 555 East Broadway Ste 229  
 Jackson, Wyoming 83001  
 (307) 739-7434

I have an appointment with Dr. Stearn for: (circle one) Cognitive Health Internal Medicine  
 NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ DATE: \_\_\_\_\_

CURRENT COMPLAINT OR CONCERN \_\_\_\_\_

**CURRENT MEDICATIONS**

Medication	Dose/Frequency	Medication	Dose/Frequency
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ALLERGIES TO MEDICATIONS OR FOODS \_\_\_\_\_

**PAST MEDICAL HISTORY**

(Circle all that apply)

- |                              |                             |                          |                            |
|------------------------------|-----------------------------|--------------------------|----------------------------|
| Anemia/Blood Transfusions    | Depression/Anxiety          | High/Low Blood Pressure  | Psychiatric Care           |
| Arthritis                    | Diabetes/Pancreatitis       | High Cholesterol         | Seizures                   |
| Asthma/Emphysema             | Diarrhea/Colitis/Crohn's    | Kidney Problems          | Seasonal Allergies         |
| Blood Clots/Anti-Coagulation | Dementia                    | Liver Problems/Hepatitis | Steroids/Immunosuppression |
| Blood in Stool               | Headaches/Migraines         | Lung Problems/Cough      | Stroke/Neurologic Deficits |
| Cancer/Concerning Masses     | Heartburn/Gastric Ulcers    | Mental Illness           | Thyroid Problems           |
| Concussion                   | Heart Attack/ Failure       | Rashes                   | Urinary Problems           |
| Coughing up Blood            | Heart Disease/Murmur/Angina |                          |                            |
| Other: _____                 |                             |                          |                            |

**PAST HOSPITALIZATIONS AND SURGERIES**

Reason	Hospital/Year	Reason	Hospital/Year
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Date of last Colonoscopy \_\_\_\_\_ Results \_\_\_\_\_

**FOR MEN ONLY**

Date of last Prostate Exam \_\_\_\_\_ Results \_\_\_\_\_

**FOR WOMEN ONLY**

Date of last PAP Smear \_\_\_\_\_ Last MAMMO \_\_\_\_\_  
 How many Pregnancies? \_\_\_\_\_ # of Living Children \_\_\_\_\_  
 Have you ever had a breast biopsy? Yes / No Results \_\_\_\_\_

**IMMEDIATE FAMILY HISTORY (Circle All That Apply)**

- |                                |            |                     |                        |
|--------------------------------|------------|---------------------|------------------------|
| Alcoholism                     | Dementia   | Heart Disease       | Rheumatoid Arthritis   |
| Breast Cancer                  | Depression | High Blood Pressure | Stroke                 |
| Colon Cancer                   | Diabetes   | Mental Illness      | Family History Unknown |
| Other Cancer (list type) _____ |            |                     |                        |

**SOCIAL HISTORY**

Do you drink alcohol? Yes / No If yes, how often? \_\_\_\_\_  
 For how many years \_\_\_\_\_ How much per session? \_\_\_\_\_  
 Do you currently use tobacco Yes / No Packs per day \_\_\_\_\_  
 For how many years \_\_\_\_\_ Quit Date \_\_\_\_\_  
 Have you experienced any alcohol or substance abuse withdrawals? Yes / No

**IMMUNIZATIONS**

Have you had the Pneumococcal Pneumonia Vaccine Yes / No  
 Date of last Tetanus Shot \_\_\_\_\_  
 Date of last Zostavax (Shingles) Vaccine \_\_\_\_\_  
 Have you had a flu shot this year Yes / No  
 Date of last TDAP Vaccine \_\_\_\_\_